

Science of Style

Complete the five steps to earn your Science of Style Badge.

1. **Test skincare and makeup:** Watch the attached video to learn a little bit about the types of skin care products you can find. Then pick a type of skin care product that you may like to try and research it. For instance if you are worried about dry skin learn about different products that help relieve dry skin. If you are worried about acne or redness learn about different products that help with redness. If you are able try these different products out to see which one works for you. To help with your research here are some links to help.

[Skincare Hero](#)

[Sephora Teen's suggestions](#)

[Sephora Quizzes](#)

[Macy's Skincare](#)

[Macy's Foundation](#)

2. **Examine the science behind fabrics and accessories:** Watch the attached video to learn a little bit about gemstones and jewelry. Then pick your favorite stone and research it [here](#). Be sure to look for information on how to determine the quality of the stone, what the best cut is for the stone, and how to care for the stone.
3. **Explore the science behind hair products and perfume:** Learn about the common ingredients found in shampoo [here](#). Then take a look at your shampoo bottle and maybe a family member's if they use a different one and compare ingredients. Take your research a little further and find the type of hair care products that would work best for your type of hair. What products do people suggest and why?
4. **Investigate the sociology of style:** Fashion trends have changed over time. Throughout the 20th century America experienced rapid

modernization, which resulted in a change of lifestyle and style. Pick an aspect of style to study and complete a timeline of the style. For example check out this [video](#) on the ever changing fashion of dresses.

5. **Formulate future style:** Fashion is ever changing. Today we live in a world where athletic wear or athleisure wear are extremely popular. What do you think the next fashion trend will be? Will it be eco-friendly? A reinvent of a previous decade's style? Take a look at fashion magazines, make up trends, images from fashion shows, even global business trends. Then predict and design what you think might be the next fashion trend.