## Miles Hiked

Complete the three steps to earn your Miles Hiked Patch.

1. Make a goal: Make a goal for how many miles you want to hike this summer or this year. Below are the minimum miles for each level below but you can always goal yourself higher.
Daisy - 3 miles
Brownie - 5 miles
Junior - 8 miles
Cadette - 10 miles
Senior - 12 miles
Ambassador - 15 miles
2. Plan your hike: Find a place to hike, or multiple places depending on your goal. Be sure to look at a map before you go and keep track of how many miles you hiked. Remember to Leave No Trace, bring water, bug spray, and sunscreen.
3. Go hike: Get outside and hike. Enjoy your time exploring new places and have fun in the great outdoors.
