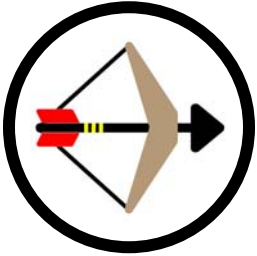


Archery Badge

For Girl Scout Juniors



Review Safety-Wise pages 95-96 before beginning this badge.

There must be one adult present with current NAA (or equivalent) archery instructor certification or documented experience indicating knowledge and skill in teaching/supervising archery.

Complete at least 4 Discover, 4 Connect and 2 Take Action requirements including the starred requirement. Do the starred Take Action requirement last.

Discover:

1. The most important thing in archery is safety. Learn the range rules for a local archery range. How do these rules compare to Safety-Wise requirements for archery?
2. Learn some archery warm up exercises.
3. Learn a drill that you can practice at home that will help you be a better archer.
4. Find out about at least two types of bows. Which type of bow is the safest bow and why?
5. What needs to be considered when an archer chooses a bow? How do you know you have the right sized bow to work with?
6. How much does archery equipment cost to purchase and maintain?
7. When was the first bow and arrow developed? How has the role of archery changed over time? Can you discover any famous archers from history, especially female archers?
8. How is archery commonly practiced in the USA today? In other countries? How is archery scored at international competitions such as the Olympics?

Connect:

1. What are the whistle and voice commands given by the archery instructor on the archery range?
2. Explain how to select the proper arrow length to use.
3. Demonstrate the following:
 - a. How to string and unstring a bow or know 3 methods of stringing a bow.
 - b. Demonstrate the proper stance for shooting.
 - c. Demonstrate the correct way to pull an arrow from the target and how to pick up arrows from the ground.
4. Explain how to retrieve your arrows when you share a target with another archer.
5. Practice shooting at an archery range and be able to shoot at a target from a distance of 15 feet.
6. Score at least one archery match, either on TV or at an archery range.

Take Action:

1. Show how to take care of archery equipment when in use and when not in use.
2. Contact a local archery group or instructor and, with advanced permission from your leader or another adult, arrange for them to provide an archery lesson for your troop or another youth program.
3. Volunteer at an archery tournament.
4. Arrange for an archery tournament for your troop, service unit or summer camp program. Outline steps, resources, and a time line. Assign responsibilities to others helping you to make the tournament happen.
- *5. Explain what you learned by completing this badge. Did you get another person interested in trying archery?

National Leadership Outcomes addresses in this badge:

D-1, D-3, D-4, D-5, C-1, C-2, C-3, C-5, TA-1, TA-2, TA-3, TA-4, TA-5