

Archery Interest Project

For Girl Scout Cadettes, Seniors and Ambassadors



Review Safety-Wise pages 95-96 before beginning this badge.

There must be one adult present with current NAA (or equivalent) archery instructor certification or documented experience indicating knowledge and skill in teaching/supervising archery.

Complete at least 5 Discover, 5 Connect and 2 Take Action requirements, including the starred activities. Do the starred Take Action requirement last.

Discover:

- *1. Show that you understand the safety zones at an archery range.
- *2. Know and follow the archery range whistle commands.
3. Learn how to care for a bow and bowstring when in use and how to store them properly.
4. Learn about the different types of arrows and the kind of shooting for which they are used. Learn how to match arrows and bows and how to care for arrows.
5. Demonstrate stringing and unstringing a bow or know three methods of stringing a bow.
6. Be able to explain the proper use of safety equipment, and other equipment used in archery.
7. Practice proper shooting techniques.
8. Be able to shoot an "end" of 5 arrows at a distance of 20 yards. Score your "end". If you are already skilled at this distance, increase it.

Connect:

1. Read about the history of archery. Trace the path of its development from a survival skill to a sport.
2. Speak with an NAA certified archery instructor. What is required to become an instructor? What is their role on the archery range?
3. Research possible career choices or volunteer positions that involve archery.
4. What are the different types of bow? Know what "draw weight" means.
5. How can a bow's length determine arrow speed and accuracy?
6. Learn to repair arrows and what the crest is for.
7. Know the names of the different parts of the bow and arrow
8. Know and understand 10 of the archery terms below.

Anchor Point
End
Pulling Arrows
Shooting Line
Target Line

Bow Square
Eye Dominance
Release
Sight Window
Torque

Crest
Follow-through
Quiver
Stance
Trajectory

Draw
Knocking the Arrow
Serving
String Height
Waiting Line

Take Action:

1. Find out what types of organizations/competitions are available for archery enthusiasts. Share this information with your troop/group, council or community.
2. Help inventory your council's or club's equipment. Make notes for repairs/replacements. If possible, have someone teach you how to make simple repairs.
3. Help maintain an archery range.
4. Organize an archery shoot either for competition or as a fun event.
5. Create your own Take Action project passing on what you have learned completing this Interest Project.
- *6. Explain what you learned by completing this badge. Did you get another person interested in trying archery?

National Leadership Outcomes addresses in this badge:

D-1, D-3, D-4, D-5

C-2, C-4, C-5

TA-1, TA-2, TA-3, TA-4, TA-5