

## @ Home Challenge

Complete the following challenges to earn your @ Home Challenge Patch.

Daisy Girl Scouts will complete five challenges. Brownie Girl Scouts will complete 10 challenges. Junior Girl Scouts will complete 12 challenges. Cadette, Senior and Ambassadors will complete 15 challenges.

- 1. Build a fort
- 2. Help make dinner
- 3. Make lunch for your family
- 4. Go for a walk
- 5. Read a book
- 6. Video call with a friend
- 7. Make cookies
- 8. Complete a GSCWM virtual badge program
- 9. Complete a GSCWM virtual patch program other than this one
- 10. Go on a virtual tour
- 11. Write a journal entry or make a video about what it is like to be social distancing
- 12. Make an obstacle course through your house for a family member to complete
- 13. Spend 20 minutes outside every day for a week
- 14. Write a letter or card to a loved one
- 15. Have a family game night
- 16. Have a family movie night
- 17. Have a virtual troop meeting
- 18. Video call with a family member
- 19. Make breakfast in bed for your family
- 20. Make a dessert
- 21. Make a thank you sign for your window or porch
- 22. Make a homemade mask
- 23.Go on a color scavenger hunt pick a color and see how many things you can find in that color

- 24. Keep a list of 3 things you a grateful for everyday for a week
- 25. Make a chalk mural in your driveway
- 26. Practice yoga
- 27.Go for a run
- 28. Look for constellations in the night sky
- 29. Learn about what life was like for your parents when they were your age
- 30. Make recycled art
- 31. Have a dance party
- 32.Do a puzzle
- 33. Have a paper airplane contest with your family
- 34. Create a work of art
- 35.Help with yard work