

New Cuisines

Complete the five steps to earn your New Cuisines Badge.

1. **Make a dish from another country:** Watch the attached video to learn how to make a quick snack from another country.
2. **Make a dish from another region of the United States:** Different parts of the country are known for different types of food. For instance New England is known for seafood. Make a dish that is popular in another part of the country. You can choose from the list below or do your own research.

Southern	Barbecue Biscuits
Mid-West	Chicago Deep Dish Pizza Michigan Pasties
Southwest	Southwest Chicken Cheesy Quesadillas
Mid Atlantic	Philly Cheesesteak Crab cakes
New England	Boston Cream Pie Coffee Cabinet

3. **Whip up a dish from another time period:** Follow this [recipe](#) to make the original Girl Scout Cookie. Check out this [video](#) from Girl Scouts of Alaska for some tips to get a great original Girl Scout Cookie.
4. **Cook a dish that makes a statement:** Pick one of the meals you have made or make your favorite meal but focus on presentation. We eat with our eyes first so make sure your plate looks good. Tips include making sure the plate is clean of any sauce drippings or scraps of food,

incorporate color into your food, place different foods on different angles or on different areas of the plate rather than just in the middle.

5. **Share your dishes on a culinary tour:** Share all the meals that you have made with your family. Take them with you on your culinary tour.