

Worcester Leadership Center 115 Century Drive, Worcester, MA 01606 Holyoke Leadership Center 301 Kelly Way, Holyoke, MA 01040 Fax 413-536-1383

		Extended Trip/Travel	Form		
<i>Submit to your Membership Services Specialist</i> Trips 3-4 nights: Submit 4 months in advance Trips 5+ nights or international: Submit one year in advance Trips 2 nights or less: Submit Activity and Travel Form 4 weeks in advance					
Troop/Group Info	ormation			Program Leve	l:
Troop #:	Service Unit:			O Junior	O Senior
Person Completing F	orm:			O Cadette	O Ambassador
		E-mail:			
Activity and Trave	el Information				
Destination:					
Destination Address	:			<sup>&gt;</sup> hone:	
Date of Trip:		Departure Time:	Retu	rn Time:	
Adult Leading Activit	y (if different than abov	/e):			
(initial) Tha	ve checked Volunteer E	Essentials and the Safety Activity (	Checkpoints a	nd this trip meets	all requirements.
		irl Scout volunteer, who has comp Essentials to review required train		riate training, is lea	ading the girls in this
Please note: All part	icipants attending a G	irl Scout trip MUST be currently r	registered me	mbers of GSCWN	1.
		Girls Female Adu	ults Male A	dults	
Number of Participar			- <u> </u>		
l otal Cost per Persol	n: \$	Troop Share per Person:	\$		
If additional money-e	earning activities are rea	quired, have the forms been subm	nitted for appi	roval? O Yes	s O No
Adult Training Inf	ormation				
	ings needed to lead act	ertified adults who will be participa ivities and <i>Safety Activity Checkpo</i>			
Indoor Overnights Tr	ained Adult:				
Outdoor Skills Traine	d Adult:				
Outdoor Overnights	Trained Adult:				
First Aid and CPR Tra	ined Adult:				
		t Module (required to guard on lak			s O No
- Specialized Training(	(s):		(i.e. Challeng	e Course, Boating	Rock Climbing, etc.)
				0	2 7

### **Girl Scout Progression**

Please check the progression steps that the girls attending this activity have completed (Refer to Volunteer Essentials for information on Girl Scout Progression in Activities).

OShort Trip	O Multi-Night Outdoor Overnight in a Rustic Cabin/Tent
O Day Trip	O Multi-Night Indoor Overnight
O Twilight Trip	O Outdoor Skills
O Hiking/Backpacking - please provi	de details of girls' experience:

### The following activities are considered HIGH RISK:

This is not an all-inclusive list: Archery, Activities involving contact with animals, Boating, Bounce Houses and related equipment, Camping (at non-GSCWM facilities), travel in chartered vehicles (vehicle company provides professional driver), Challenge and Ropes Courses, Gymnastics, Hayrides, Horseback Riding, Ice Skating (at a rink), Rafting, Climbing and Rappelling, Roller Skating (at a rink), Scuba Diving, Segway, Skiing and Snow Tubing, Snorkeling, Surfing, Swimming Facilities, Theme Parks, Water Parks, Wind Surfing, Water Skiing and Wake Boarding, and Zip Lining.

Please refer to Volunteer Essentials for lists of activities which are restricted and never allowed.

### Verification of Insurance for High Risk Activities

A Certificate of Liability Insurance is required for ALL High Risk Activities. Please refer to <u>https://www.gscwm.org/content/dam/girlscouts-gscwm/documents/COIS%20for%20website.pdf</u> and check if the organization has a certificate on file with GSCWM; if not, please submit one with this form. O Active certificate on file with GSCWM O Certificate attached

*(initial)* The organization provides all necessary specialty equipment (i.e. helmets, PFDs, harnesses, ropes, etc.)

Please attach copies of agreements or contracts required to participate in this activity. Please attach copies of any waivers that parents are asked to sign to participate in this activity.

### **Transportation:**

Mode of Transportation	on:		
Vehicle Leasing (p	lease attach a Certificate o	of Liability Insurance)	
Company Name:		Company Address:	
		Number of Drivers:	
(initial) All di	rivers and passengers are GSC	WM registered members.	
(initial) Wea	are purchasing additional insura	ance from the vehicle rental comp	any.
(initial) All di	rivers are currently licensed in t	the State of Massachusetts and ca	rry personal automobile insurance.
Please Note: GSCWN	1 will not authorize the rental	or use of a 15 passenger van with	nout documented driver training.
Signature of Leader:		[	Date:
<b>Each Participant</b>	Will Need:		
Equipment:			
Clothing:			

# **Activity Information**

Activities Planned:	
How do these activities relate to the Girl Scout Leadership Experience?	

Distance from EMS: \_\_\_\_\_

Level of First Aid Required:

Activity Description

(Please note the variety of activities that will be done – i.e. rock climbing, back packing, camping, etc.)

# Participant Roster (MUST INCLUDE ADULTS)

Name	Age	Phone	Parent/Guardian Name(s) & Emergency Contact

# Medical Concerns and Physical Limitations (MUST INCLUDE ADULTS)

Name	Description of Concern/Limitation	Actions/Accommodations Needed

# **Emergency Action Steps**

Who is the primary care giver?
Who is the secondary care giver?
Who makes decisions in the event of inclement weather?
How would evacuation happen?

### **Non-Emergency Action Steps**

Include steps for behavior problems, illness, and change of plans. These steps should be created and communicated prior to the trip.

Iness:	
Change of Plans:	
Disobeying Behavior Agreement – 1 <sup>st</sup> Offence:	
Disobeying Behavior Agreement – 2 <sup>nd</sup> Offence:	
/iolation of Behavior Agreement:	-
	-

# **Emergency Contacts**

List in priority order.

Name	Phone Number (Home, Work, Cell, Pager)	

\* Your emergency contacts should be ready to contact all participants' families in case of emergency.

### **Resources – Agency & Emergency Contacts**

List numbers for the area where you will be traveling. Indicate if the numbers are available 9am-5pm, after-hours or otherwise.

Agency & Contact Name	Phone Number	Availability

# First Aid and Blood borne Pathogen Kits

Number of Kits You will be traveling With:

Location of Kit (i.e. every car, trip leader's pack, etc.)	Description of Kit (i.e. blister, trauma, basic first aid, CPR)

### Other Paperwork to be submitted

Trip Itinerary \* Attach a copy of the trip itinerary, including at minimum activities, dates, times, and locations.

Trip Budget \* Attach a copy of the trip budget.

**Mutual of Omaha Insurance** \* *Be sure to submit a check or account information to cover all girls and adults on the trip.* Other insurance is permitted---verification is required.

#### Don't forget...

- The trip leader and your home emergency contact should both retain a copy of all of the above materials and this trip plan.
- All adults on your trip should also receive a copy of the roster of participating adults and girls.
- Girl and adult medical and permission forms should be kept in a sealed envelope with the First Aider or trip leader at all times.
- Please refer to the Safety Activity Checkpoints when planning your activities.